

Utah: An Active Life State

2014 Governor's Outdoor Recreation Summit



The Salt Palace
Salt Lake City, Utah
May 8, 2014



Utah: An Active Life State

Dr. Steve Burr, Moderator

Institute for Outdoor Recreation and Tourism

Utah State University



Introduction

Greg Reid of Select Health

“Utah: An Active Life State” Session Sponsor



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Presenters

**Colin Hilton, President/CEO
Utah Olympic Legacy Foundation**



“Reimagining How We Engage Individuals in Sport and Physical Activity: Promoting Physical Literacy in Utah’s Olympic Venue Communities”

**Dr. Cass Morgan
Program Director and Assistant Professor
Outdoor Recreation & Leisure Studies
Weber State University**



“Taking High School Physical Education Outdoors: A University Initiative to Promote Physical Activity Among Local Youth”

Utah: An Active Life State

Presenters



**Dr. Kelly Bricker
Associate Professor**

**Department of Recreation, Parks, and Tourism
University of Utah**

“Quality of Life: A Measure of Community Wellness”

**Locke Ettinger PT, Ph.D.,
Director Health Promotion “LiVe Well”
Intermountain Healthcare**



**“Health, Physical Activity,
and the Connection with Nature”**



U.S. Department of Interior

Youth in the Great Outdoors

“Engaging the Next Generation”

Secretary Jewell has launched an ambitious initiative to inspire millions of young people to play, learn, serve and work outdoors. For the health of our economy and our nation’s public lands, it’s critical that we work now to establish meaningful and deep connections between young people – from every background and every community – and America’s great outdoors.



“Play, Learn, Serve, and Work”
in America’s Great Outdoors

<http://www.youtube.com/watch?v=ZVR8kbAUXUc>